Scoring the WHODAS 2.0

12-item version
Useful for brief assessments of overall functioning in surveys
Allows to compute overall functioning scores
Explains 81% of the variance of the 36-item version
Available as interviewer-, self-, and proxy-administered forms
Average interview time: 5 min.

Administration

Self-administration: A paper-and-pencil version of WHODAS 2.0 can be self-administered.

Interview: WHODAS 2.0 can be administered in person or over the telephone. General interview techniques are sufficient to administer the interview in this mode.

Proxy: Sometimes it may be desirable to obtain a third-party view of functioning such as; family members, caretakers or other observers.

Scoring

Simple: the scores assigned to each of the items - “none” (0), “mild” (1), “moderate” (2), “severe” (3) and “extreme” (4) – are summed. This method is referred to as simple scoring because the scores from each of the items are simply added up without recoding or collapsing of response categories; thus, there is no weighting of individual items. This approach is practical to use as a hand-scoring approach, and maybe the method of choice in busy clinical settings or in paper-pencil interview situations. As a result, the simple sum of the scores of the items across all domains constitutes a statistic that is sufficient to describe the degree of functional limitations.