

NON-SURGICAL FRACTURE

episode of *care* 

Quick Reference



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WORKPLACE SAFETY AND INSURANCE BOARD



Scope of the Non-Surgical Fracture EOC

The Non-Surgical Fracture EOC will include treatment focused on functional recovery for workers, improved communication with the WSIB regarding functional status and return to work (RTW) planning, as well as new reporting and billing.

The Non-Surgical Fracture EOC includes an initial assessment, initial assessment report, treatment, outcome measurement, communications and a summary report. While the Non-Surgical Fracture EOC does not stipulate specific interventions, treatment interventions delivered to the worker must support SMART goals that are relevant to the overall recovery and return to work goals.

The Non-Surgical Fracture EOC is the first line of rehabilitation for workers who meet the target population criteria.

Target Population

The target population is workers with an allowed claim and who meet the following criteria:

- have a fracture that did not require surgical intervention;
- be medically cleared to begin rehabilitation;
- no longer have a fracture that is casted or immobilized OR have a fracture that is immobilized with a removable device (such as a splint, walking boot, etc.);
- begin the EOC within four months (16 weeks) from the date of injury;
- not have any additional injuries that prevent participation in this EOC;
- be at work (regular or modified), or are not working; and
- not be hospitalized.

The Non-Surgical Fracture EOC is not recommended for workers who are not medically cleared to begin rehabilitation or workers who have contraindications to receiving treatment in the EOC. The EOC is not appropriate for workers with pathological fractures (e.g., osteoporosis, infection, tumour, etc.).

In the context of this EOC, the terms immobilized and immobilization refer to the use of any device intended to restrict mobility, for example a cast, splint, slab, sling, brace, walking boot, or other restrictive device.

If the health professional determines that a worker is unsuitable for the Non-Surgical Fracture EOC, the health professional must contact the WSIB Clinical Expert to discuss treatment options.

Contact the WSIB Clinical Expert by calling 1-866-716-1299 (toll free) or 416-344-5739.

Program Duration and Visits

The program duration is up to 8 weeks from the date of the initial assessment. A minimum number of 6 visits must be provided during the Non-Surgical Fracture EOC.

Initial Assessment Report

The Initial Assessment Report will communicate the key findings of the initial assessment including barriers to recovery and return to work, outcome measurement, SMART goals and planned treatment interventions.

Mail or fax the Initial Assessment Report to the WSIB within 2 working days of the first visit. Fax: (416)344-4684 or 1-888-313-7373.

Outcome Measurement

The Patient Specific Functional Scale (PSFS) is to be administered at admission into the Non-Surgical Fracture EOC and at completion of the program. The scores must be recorded on the Initial Assessment Report and on the Summary Report and will be used to measure a worker's improved function during the Non-Surgical Fracture EOC.

Goal Setting & Treatment Planning

While the EOC does not stipulate specific interventions, treatment interventions delivered to the worker must support SMART goals identified during the Initial Assessment. For each functional activity listed in the PSFS¹, the health professional will determine a SMART goal that is relevant to the overall recovery and return to work goals.

A SMART goal is a goal that meets the following criteria:

- **Specific** – clear description of the desired outcome.
- **Measurable** – includes a method of measuring achievement of the goal (e.g. numbers, quantities, repetitions, etc.).
- **Attainable/Achievable** – the goal is reasonable to achieve.
- **Relevant/Realistic** – it is applicable to functional recovery and return to work activities.
- **Time bound** - includes a clear timeline within which it is expected the goal will be achieved.

Return to Work Planning

The health professional plays an important role in planning for early, safe and sustainable RTW. Information gathered during the initial assessment, treatment phase, and summary report can be used to provide recommendations to support the RTW plan.

The final page of both the Initial Assessment Report and Summary Report contain the return to work recommendations. The health professional must complete this page and provide a copy to the worker to share with their employer. The purpose of this section is not only to identify limitations and restrictions, but also to highlight current abilities.

Communication with WSIB

Timely and effective communication is an important element of the Non-Surgical Fracture EOC.

Communication includes written reports, telephone conversations, and one-on-one discussion with the worker, WSIB service delivery team, or other health professionals. The frequency of communication will depend on the individual circumstances of the worker and the extent of progress achieved.

Summary Report

Submit the Summary Report whenever a worker is discharged from the Non-Surgical Fracture EOC, within 2 working days from the last visit.

Mail or fax the Summary Report to the WSIB within 2 working days of the last visit. Fax: (416)344-4684 or 1-888-313-7373.

For more details, please visit the WSIB website:

www.wsib.on.ca

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