## WSIB Community Mental Health Program Psychologist Intake Guide

## Verify that the person meets the Community Mental Health Program requirements

When a person arrives at your office and requests assessment and treatment for a reported work-related psychological condition, please ensure she or he meets the Community Mental Health Program intake criteria.

## When a person first calls or visits your office, ask her or him for the following information:

- First and last name
- Date of birth
- Reason for seeking treatment:
  - Initial description of symptoms/concern
  - Screen for psychological risk factors and other barriers
- Whether and why the person believes the issue is work-related:
  - Did the issue appear to develop/arise in the course of employment (e.g. PTSD, chronic mental stress, traumatic mental stress)?
  - Did the issue appear to develop/arise after a physical injury?
- Has the person registered a claim with the WSIB? Does the person have a claim number?
  - If YES Obtain claim number from patient, see Section A below.
  - If NO Advise the person that a WSIB claim number is required before proceeding with assessment or treatment. See Section B below.
- Does the person have a referral from a physician?
  - Physician's name and contact information
- Does the person need an interpreter?

## **Psychologist self-assessment:**

Based on the above information, determine whether you have the appropriate psychological expertise to provide the necessary assessment and treatment to this person.

